

What's going on at St Paul's



meeting God, meeting needs,
meeting together

Norton Lees Lane,
Sheffield,
S8 9BD

In this leaflet you will find details of groups who meet regularly at St Paul's Church and Centre or have a connection with us - some will be new to you! You are assured of a warm welcome and we hope that you will find plenty to interest you!

St. Paul's Church and Centre has four bright, attractive rooms, a well equipped kitchen and two smaller drink stations which are available for all types of groups, clubs, meetings and functions and parties. Most rooms have disabled access. Catering for conferences etc can easily be arranged. Prices range from £15.00 in our smallest room, for general use, with special rates for community groups and all day bookings.

To book space in St. Paul's Centre, to request our information leaflet, to discuss requirements or find information on groups please contact Cathy Lee at the Centre Office: Phone 255 0144

E-Mail cathy.stpauls@btinternet.com

Web Site www.stpaulschurchandcentre.org.uk

The office is usually open Mon to Thurs from 9.30am to 1.30pm

Uniformed Organisations

Scout Group in the Scout Hall, Welby Place - crafts, games, outdoor activities

Rainbows

Girls 5 - 7. Suspended due to lack of adult help. If you are able to help please contact Helen Walker 07511249615 or Samantha Jessop 07714252707 or e-mail southeastdivision.sheffield@gmail.com

Brownies

Girls 7- 10, Tuesdays 6 .15 – 7 .30 pm in Upper Hall at St Paul's. Contact: Amy Hirst 07783 407 183 or Jo South 07527 268 295 Email brownies_63rd@hotmail.co.uk

Guides

Girls aged 10- 14 Girls 5 - 7. Suspended due to lack of adult help, if you are able to help please contact Helen Walker 07511249615 or Samantha Jessop 07714252707 or e-mail southeastdivision.sheffield@gmail.com

Beavers

Children 6 - 8. Mondays 5pm

Contact Ann Brown 255 1945

Cubs

Children 8 -10. Mondays 6.15 pm

Contact Ragi Desai 07592 905369

Scouts

Children 11-14. Mondays 7.30 pm

Contact Steve Tozer-Loft 258 4382

Babies and Toddlers

Peekaboo (National Childbirth Trust)

Wednesday 10.00 am -12 noon during term times welcomes babies and toddlers and their parents and carers for peer support, friendship, toys, songs and a snack. Babies and toddlers in the Nave and Meeting Place Cost £2.00 for 1 child or £2.50 for two. Contact

Helen Speed 258 5832 e-mail h.speed@blueyonder.co.uk

Gemma Jackson 07974567532 e-mail Stevenjackson2@Sky.com

NB: You can also enquire through the office 255 0144

Sunny Days a Post Natal Support Group (Home Start)

For parents with a child under 18 months old at 12.30 pm on Mondays in the Meeting Place.

Contact Sara McClean 278 8377 or enquiries@hssheffield.org.uk

or 255 0144

For Older Children

Dance Unlimited

Dance Unlimited, Sheffield's leading dance academy are expanding and are now running Saturday morning dance classes at St Pauls as well as at their studio on Little London Road. We want every child to be confident, active and discover the love and joys of dance. With small class sizes, interactive lessons with stickers, fairy wands and scarves for our youngest dancers and challenging yet fun classes for our older more advanced students, our highly skilled friendly teachers ensure we get the best out of each and every child. Come along to one of our dance taster sessions to discover what makes us different. We offer free taster sessions in our award winning classes for children aged 2 years 10 months - 16 years. Get in touch to book a free taster session: Tel: 07570 790 382

Email: info@danceunlimitedsheffield.co.uk Web www.danceunlimitedsheffield.co.uk

Local Interest, Social & Music Groups

Norton Lees Local History Group

2nd Tuesday in the month 7.30 - 9.00 pm in the Old Vestry – speakers, visits, knowledge share.

New members always welcome.

Contact Helen Egan 07481293949, or Vivien Bentley 07724829172

St Paul's Music Listening Group

2nd and 4th Thursday in the month 7.00 - 9.00 pm in the Meeting Place. Up to 20 members, meet to listen to classical music and the popular music of our youth with an interval for refreshments and a chance to have a chat.

We try to make sure that all who need it get a lift.

Contact Joan & John Howlett 255 4581 or Ken Smith 4574678

Sew, Knit and Natter

10.30 am to 12.30 pm fortnightly on Mondays in the Upper Hall. The cost of each meeting is £2.50 including tea or coffee. Sewing machines will be made available and there will be some materials provided, (if you wish to make larger items, you will need to provide the fabric.) There's absolutely no obligation to make anything if you'd just like to come for some company, but if you do, beginners will be welcome as well as more experienced knitters and sewers. We hope that people will share their enthusiasm and skills in these crafts and pastimes. All welcome!

Please contact Hazel Tedds on 2373801 if you'd like to know more.

Women's Institute

1st & 3rd Wednesday in month in the Old Vestry at 7.30pm. Offering skills and opportunities together with friendship and companionship. Often there is a speaker, always lots of fun and of course a cup of tea! There are outings and support of local appeals using members' skills and craftwork. Visitors are welcome to attend meetings to find out more.

Contact Sylvia Sanderson via the Centre Office 255 0144.

Church Groups

Tea and Love for Our Community

Are you feeling low because of bereavement or stress or illness? Would you like us to spoil you with our tea and cakes and care?

We are here in the Meeting Place of St. Paul's every Tuesday 2.30 to 3.30pm. Call in and enjoy some TLC.

Contact Liz Warren for more details 255 7965

Please tell others about us even if you don't need us yourself!

M U (Mothers' Union)

2nd Wednesday in the month 2.15 - 4.00 pm in the Meeting Place. A Christian Group of women and men who meet for prayer, bible study and fellowship working towards improving family life in our communities nationally and internationally. St Paul's MU, has now merged with St James' Norton with about 30 members. Interesting speakers and supporting a variety of causes.

Contact Jacqui Herbert 255 4379

Health and Fitness

Yoga for all

Wednesdays from 6.00 - 7.30 pm - Upper Hall. A course suitable for all ages and abilities appealing to anyone looking for relaxation and exercise with gentle stretches.

Contact Yolande Swift 289 9200

Chairobics

Thursdays from 3.00 - 4.00 pm in the Meeting Place. Exercises performed to music, with participants seated. Flexibility, mobility & compulsory FUN! Details from Jacqui Herbert 255 4379 or the Centre Office 255 0144

Pilates for Beginners

Classes are on Tuesdays 2.15pm – 3.15pm. £6.00 per class. Introductory Offer of 6 classes for the price of 5. Pilates is a great way to tone-up your body and keep yourself mobile into later life. Improve your core strength, flexibility and posture. Learn the basics and progress with a qualified

instructor. Guaranteed maximum of 10 people per class for more focused tuition. Suitable for all aged 18 and above. Please call Grainne on 07788 489894, E-mail g.fogarty@hotmail.co.uk with any questions or to book a class.

Table Tennis

Held on Tuesday evenings at the Scout Hall on Welby Place between 8.00 pm and 9.30 pm and costs £2.00. This includes a drink and biscuits. Anyone can join and we would love some new members. If anyone is interested please phone

Debbie Kerry on 0114 2551475.

Church Groups

First Wednesday

1st Wed of each month at 7.30 pm at the home of Jacqui Herbert. Bible study and readings, outing, crafts and plenty of conversation! Come when you can and enjoy the fellowship.

Contact Jacqui Herbert 255 4379

Evening Small Groups

Meeting in members' own homes for Bible Study and discussion of topical issues. New members welcome - for dates contact Liz Warren 255 7965 Jacqui Herbert 255 4379 Margaret Blakey 255 7538 Helen or Peter Franklin 255 4441

Prayer Groups

Meeting in member's home (for dates contact Dilesh Peiris 250 8593) or in church for Thursday Prayers – Contact Gail Wilson 255 8335. New members welcome.

Contemplative Prayer

Will meet in the Meeting Place on the 2nd Tuesday each month at 8.00 pm as of 10th November 2015 (Meetings as before on Sept 1st & Oct 6th but in the Meeting Place). Each month we have a theme and a bible passage to think about and time to pray together in silence for about half an hour, with music playing quietly we then share our experiences.

Contact Murray Brown 255 1945

Worship Group Rehearsals

Alternate Fridays 7.30-9.00 pm in the Old Vestry in Winter and the Nave in Summer - leading contemporary worship songs as well as more traditional hymns. With guitars, keyboard, piano, drums and a wonderful modern organ. Contact the Centre Office. 255 0144

Worship at St Paul's (Church of England)

Sundays	8.00 am	Holy Communion (quiet early service)
	10.00 am	Worship at St Paul's (main service) (often Holy Communion with Seekers for children over 3) Family Worship - third Sunday in the month!
	6.00 pm	Vine Time - once a month. Contact 255 4379
Tuesdays	10.00 am	Holy Communion (friendly and informal)

Sundays 7.00 pm every fortnight: The Focus Service**

**The Focus Service: Sheffield Church is especially for adults with learning disabilities.

Contact Keith Blinston 237 5792 or David Middleton 07561 557659

Church Activities for Children and Young People

Occasional Saturdays - Messy Church for Families with Children 10.30 am –12.30 pm - Art and craft activities, creative worship and a light lunch. Contact Murray or Ann Brown 255 1945

Tots to Teens With effect from 8th November Sundays at 10.00 am Except 3rd Sunday, (Family Worship) and during school holidays Seekers for young children of 3 and over - will continue to meet upstairs and we are welcoming younger children and accompanied toddlers with a bible story followed by age appropriate crafts.

whilst the new older section ('Cornerstones') will be meeting in the Old Vestry. Contact Ruth Hollishead 3216421 Gail Wilson 255 08335